

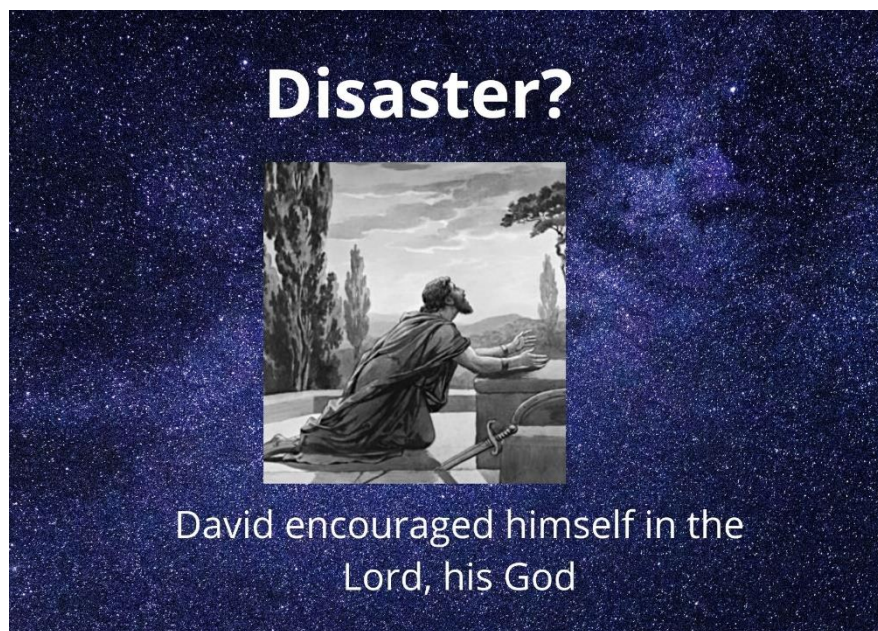
BFMP (Day 0) Biblical Encouragement Stand Up

We all need encouragement from time to time. But the world around us holds it back when we need it most. And then, we don't accept to be encouraged by just anyone. Especially if he knows nothing of our situation and has never gone through it himself...

David knew a secret source of encouragement and motivation

David found the right source of encouragement and witnesses to it in the Psalms.

Psalms 138:3 On the day I called, You answered me
and strengthened me in my soul.



When David lived in the town of [Ziklag](#), something dramatic happened. While he was gone with his men, an enemy people came and captured their women and children. They could all be dead by now!

Do you think his men encouraged David to take courage and give marching orders to go after the enemy and recover their families? Did they remember all the battles David had already won against his enemies? Since Goliath and even before when he was a shepherd, God has always been with him, hasn't He?

No, they imagined the worst-case scenario. They imagined all was lost and they cried all the tears they had in their body.

"We have to find someone to blame. It's David's fault »! And they talked about lapidating him.

But David found encouragement by talking to his Lord

« But David encouraged himself in the Lord his God. » (1 Samuel 30.6-7).

Where can you find the courage to start over again? Where can you find the strength to continue to believe when disaster strikes? But David had a good habit.

Consult with God (who knows and sees everything) and receive His instructions to know what the right strategy in this case is.

« David consulted with the Lord » and asked 2 questions. “Shall I pursue them »? « Will I overtake them »? And God answered: “Pursue them, you will certainly overtake them and succeed in the rescue.”

The result?

“David recovered everything the Amalekites had taken, including his two wives. ¹⁹ **Nothing was missing:** young or old, boy or girl, plunder, or anything else they had taken. **David brought everything back.** (1 Samuel 30.18-19)

So when faced with disaster we can decide to:

- Cry all the tears of our body
- Imagine the worst-case scenario
- Act as a victim and hope to receive encouragement from your family and friends
- Or approach God in prayer and find the answers and courage to turn the situation around.

(Read the whole story in [1 Samuel 30](#))

Do you see how a word of encouragement from the Bible can be extremely profitable to turn disaster into daily victory?

One Word from our God at the right moment can strengthen you to make the right decisions and concentrate your efforts in the right direction. This will change everything for you, your business, and your family.

We can do without many things but not the Presence of God in our lives!